

Privacy Statement for Symphonic Mind Body Coaching

At Symphonic Mind Body Coaching, we value and respect your privacy. This Privacy Statement outlines how we collect, use, and protect your personal information when you engage with our wellness life coaching services.

Information We Collect

When you work with us, we may collect personal information such as your name, contact details, and any information you voluntarily share during coaching sessions to support your growth and well-being.

How We Use Your Information

We use your personal information to:

- Provide personalized coaching services
- Respond to inquiries and schedule sessions
- Improve our offerings and support your wellness journey
- Maintain digital and written secure records of our interactions

Confidentiality and Security

Your privacy is our priority. We take appropriate measures to ensure your information is stored securely and is not shared with third parties without your consent, except when required by law.

Your Rights

You have the right to access, update, or request the deletion of your personal data. If you have any questions or concerns regarding your privacy, please contact us at info@symphoniclifecoaching.com

Changes to This Statement

We may update this Privacy Statement occasionally to reflect changes in our practices. Any updates will be communicated to ensure transparency.

Thank you for trusting Symphonic Mind Body Coaching with your wellness journey.