

## Terms and Conditions

*Last updated: July 2025*

Welcome to Symphonic Mind Body Coaching. By accessing or using our services, including scheduling and purchasing a discovery meeting, you agree to the following terms and conditions. Please read them carefully.

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### 1. Services

We provide embodiment wellness life coaching services, including one-on-one coaching sessions, resources, and programs designed to support personal growth, clarity, and holistic well-being.

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### 2. Discovery Meeting & Payment

- All discovery meetings must be paid in full at the time of booking.
  - Payment is processed securely through Stripe via our website.
  - **No refunds will be issued** for missed or canceled discovery meetings. The discovery meeting is a one-time, non-refundable consultation designed to assess compatibility and coaching goals.
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### 3. Rescheduling Policy

Clients may request to reschedule a discovery meeting at least 24 hours in advance. Rescheduling requests made less than 24 hours prior to the scheduled time may be denied at our discretion.

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### 4. Confidentiality

We respect your privacy. Any personal information shared during coaching sessions will be kept strictly confidential, except where disclosure is required by law.

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### 5. No Guarantees

Coaching is a collaborative process, and results depend on the client's commitment and openness. We do not guarantee specific outcomes.

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## **6. Modification of Terms**

We reserve the right to modify these terms at any time. Continued use of our services after changes constitutes your acceptance of the new terms.

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## **7. Lateness Policy**

We value your time and ours. If you are more than **10 minutes late** to a scheduled discovery meeting, the session may be shortened accordingly or considered a no-show at our discretion. No refunds will be issued for late arrivals. We recommend arriving on time to receive the full benefit of your consultation